



## **BRYANT UNIVERSITY SOFTBALL LATE FALL HITTING & PITCHING CLINICS**

**Dates:** November 28<sup>th</sup>; December 5<sup>th</sup>, 12<sup>th</sup> & 19<sup>th</sup>

### **Featuring:**

**Pitching:** Pitching everyday skills, building power through proper body sequencing, increasing conditioning and goal setting. Starting preparations for upcoming spring season.

**Hitting:** Basic hitting fundamentals, drills, functional movement & front toss. Getting in extra swings every week to best prepare for season.

### **Time Details:**

**Pitching:** 6:30pm – 7:45pm

**Hitting:** 7:45pm – 9:00pm

Check-in will begin at 6:15pm outside of Conaty Indoor Facility.

**\*\* You MUST bring your OWN CATCHER\*\***

**\*\*\*Please bring a pair of CLEATS/SNEAKERS, & your OWN equipment\*\*\***

### **Location:**

Bryant University  
1150 Douglas Pike  
Conaty Indoor Facility

### **Participants:**

Open to all softball pitchers ages 10 - 17

### **Cost:**

\$30 per session – Single Hitting Session

\$50.00 - Single Pitching Sessions

\$100.00 - All Hitting Sessions

\$190.00 - All pitching Sessions

\$275.00 – **For Sessions (Hitting & Pitching combined)**

### **Sign-Up & Contact US:**

**To Register:** Click on the following link and register: [www.bryantsoftballcamps.com](http://www.bryantsoftballcamps.com)

**Have Questions:** Contact Coach Wheat via Email at [mwheat1@bryant.edu](mailto:mwheat1@bryant.edu)

**Lead Instructor:** Assistant Softball Coach Mary Karen Wheat